



Nursing Assistant Certification (NAC) Exam Blueprint

Job Task List	Weight	# of Items
1. Anatomy & Physiology	14%	21
1.01 Describing the basic functions of each of the main body systems.		
1.02 Demonstrating knowledge of the circulatory system.		
1.03 Demonstrating knowledge of the urinary system.		
1.04 Describing different body positioning.		
2. EKG	1%	2
2.01 Identifying the main artifacts and explaining cause for each.		
2.02 Identifying the electrical conduction of the heart		
2.03 Explaining the significance of the horizontal/vertical lines on ECG paper.		
2.04 Describing patient preparation		
2.05 Identifying contractions of heart to deflection on ECG tracing		
2.06 Recording a 12-lead ECG on a patient.		
2.07 Identifying the 12 leads recorded on an ECG		
2.08 Applying and connecting the Holter monitor		
3. Safety & Infection Control	13%	19
3.01 Identifying policies and procedures for maintaining laboratory safety		
3.02 Identifying the modes of transmission and methods of prevention		
3.03 Identifying properly labeling biohazards specimens		
3.04 Defining and discussing the term nosocomial infections		
3.05 Complying with regulations regarding safety practices		
3.06 Using the OSHA Standards Precautions		
3.07 Demonstrating accepted practices for infection control		
3.08 Demonstrating accepted practices for isolation techniques		
3.09 Demonstrating accepted practices for disease prevention		
3.10 Performing proper infection control such as handwashing		
3.11 Performing proper infection control such as gowning and gloving		
3.12 Using prescribed procedures to handle biological and fire hazards		
3.13 Using prescribed procedures to handle electrical and radiation hazards		
3.14 Using appropriate practices as outlined in the OSHA Hazard Communication		
3.15 Using appropriate practices as in the Material Safety Data Sheet		
3.16 Demonstrating a technique used to insure patient safety inpatient setting		
3.17 Demonstrating a technique used to insure patient safety outpatient setting		
3.18 Demonstrating a technique used to insure patient safety in a pediatric setting		
4. Medical Law & Ethics	13%	19
4.01 Maintaining confidentiality of privileged information on individuals		
4.02 Valued diversity in the workplace		
4.03 Interacting appropriately and professionally with other individuals		
4.04 Discussing the major points of Patient's Bill of Rights		
4.05 Modeling professional appearance and appropriate behavior		
4.06 Following instructions in carrying out testing procedures		
4.07 HIPAA		
5. Patient Care Skills	41%	62
5.01 Charting		
5.02 Demonstrating knowledge of vital signs.		

5.03 Defining the different steps of patient examination.		
5.04 Demonstrating knowledge of proper wound care.		
5.05 Staff and procedure		
5.06 Job tasks		
5.07 Demonstrating knowledge of First Aid.		
5.08 Demonstrating knowledge of CPR.		
6. Pharmacology	5%	7
6.01 Identifying names of medications.		
6.02 Describing routes of administration.		
6.03 Demonstrating knowledge of medications and effects on patients.		
6.04 Demonstrating knowledge of medication measurement and dosage.		
6.05 Demonstrating knowledge of simple conversions (kg/lb).		
7. Medical Terminology	13%	19
7.01 Medical Prefixes		
7.02 Medical Suffixes		
7.03 Root Words		
7.04 Cardiac and Circulatory Terminology		
Total:	100%	149*

* This number indicates the number of scored items on the certification exam. All AMCA certification exams are subject to pilot testing, meaning that there could be additional unscored items on the exam. The scored items will be from a current operational form of our exam. The unscored items will be new items that data is being collected on. The unscored items will not have any effect on the candidate's score and/or their pass/fail decision.

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